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We never know what people are capable of doing until you push them to their limits. This can be both a positive as much as a negative outcome. Up until this moment in my life I have unfortunately only seen the negative impact of someone's limits being met. Perhaps some day I will see a magnificent positive outcome.

Perhaps, someday my children, you will push your boundaries, expanding them and recreating them. What keeps people from becoming completely horrible people, when pushed too far, is their sense of rationale, logical thought - one's ability to control oneself. Without this, we give in to the "animal" response of human nature. I worry about you, my Emma. You have a tendency to give in to this response. I don't know if it is because you wait too far before you bring a conflict to a head, or if it is because you lack the

tools to clearly and more positively express your worries and concerns. The worse part of all of this is that no matter how much I try, the various approaches I can come up with, the various solutions I may offer, none fit. And the bottom, bottom line is that none will "fit" until you decide you are ready to change the way you cope and deal with your conflicts.